

Ania Telfer, M.C., CCC
www.aniatelfer.com

Summary
Ania Telfer, M.C., is a Bahá'í, intuitive, multidisciplinary, neurodivergent and synesthete artist, third-culture kid, and second-generation Canadian of Polish descent. Born in Tkaronto (Toronto), she currently resides on the Saanich Peninsula, on the traditional and unceded territories of the W̱SÁNEĆ peoples. Ania is a recipient of an individual Canada Council for the Arts grant (2026), as well as individual (2019) and collective (2023) grants from the Edmonton Arts Council. She holds a Master of Counselling, a Graduate Certificate in Expressive Arts, a minor in photography, and is a Canadian Certified Counsellor (CCC). With a background in expressive arts therapy, counselling, and photography, Ania's practice transcends traditional boundaries, encompassing painting, mentorship, live performance, dance collaborations, multimedia installation, eco-art, and interactive experiences. As a neurodivergent artist, Ania explores creativity as a way of understanding her lived experience and embracing different ways of perceiving, processing, and engaging with the world. Her work informs and is informed by a commitment to neurodiversity-affirming practice, exploring the intersections of art, healing, spirituality, and human connection. Through interdisciplinary collaboration and creative experimentation, Ania invites audiences into realms of wonder and self-discovery, opening possibilities for expanded perception, joyful connection, and personal and collective transformation.

Grants

2026 *Artistic Creation* / Canada Council for the Arts
2023 *Artist Driven Major Projects* / Edmonton Arts Council
2019 *Exploration and Experimentation* / Edmonton Arts Council

Solo Shows

2026 *Enchanted Forest* / live painting / Saanich Peninsula Hospital Fundraiser Gala / Sydney, BC
2026 *Army of Light* / installation & paintings / Crowsnest Pass Public Art Gallery / Blairmore, AB
2025 *Solo presentation* / paintings / The Switch, Edmonton City Centre Mall / Edmonton, AB
2024 *Edmonton Bar Association Judges' Dinner* / live painting / Edmonton, AB
2024 *Featured presentation* / paintings / EPCOR Qualico Tower, Edmonton City Centre Mall / Edmonton, AB
2023 *Glimpses of the Divine Springtime* / paintings, floral installation / Bleeding Heart Art Space / Edmonton, AB
2022 *SkirtsAFire Festival* / live painting / Edmonton, AB
2022 *Isolation Art* / paintings / Lois Hole Library / Edmonton, AB
2021 *Social Media Takeover* / paintings / Bleeding Heart Art Space / Edmonton, AB
2019- 2020 *Ridvan Festival* / live painting / Edmonton, AB
2019 *Heal Me* / paintings / Glenrose Rehabilitation Hospital / Edmonton, AB
2018 *C-Tribe Festival* / live painting / Edmonton, AB
2007 *The Valley of Search* / photography / Latitude 53 / Edmonton, AB

Collaborative Performance & Installation (Artist Collectives)

2026 *Roses, Roses Everywhere* / multimedia installation / ARISE / Ridvan Festival / Edmonton, AB
2025 *Movement Beyond the Frame* / theatrical live painting (painter, performer, collaborator) / Beyond the Frame Collective / University of Alberta Hospital, McMullen Gallery / Edmonton, AB

2024 *O Fleeting Shadow* / theatrical live painting (painter, performer, collaborator) / Beyond the Frame Collective / Bleeding Heart Art Space / Edmonton, AB
2024 *Immortal Realm* / theatrical live painting (painter, performer, dancer, collaborator) / Beyond the Frame Collective / Unveiling Cabaret, Mile Zero Dance / Edmonton, AB
2024 *Chromatic Conscious* / theatrical live painting (painter, performer, dancer, collaborator) / Outside the Frame Collective / Unveiling Cabaret, Mile Zero Dance / Edmonton, AB

Group Shows

2024 *Polish Art of Edmonton* / paintings / Polish Cultural Society of Edmonton / Edmonton, AB
2023 *Silent and Present* / paintings / Bleeding Heart Art Space / Edmonton, AB
2023 *If Walls Could Talk, If Floors Had Eyes* / paintings, ceramics / Stollery Gallery / Edmonton, AB
2023 *Love* / paintings / NOA Gallery / Edmonton, AB
2022 *Eternal Summer* / paintings / Multicultural Centre Public Art Gallery / Stony Plain, AB
2022 *Opening* / paintings / NOA Gallery / Edmonton, AB
2021 *Smalls* / paintings / Blue Sky Lofts / Edmonton, AB
2021 *PandemArtium* / paintings / Harcourt House / Edmonton, AB
2021 *March* / paintings / Women Artist Born Global / Online
2020 *Imagine* / paintings / Stanley Milner Library / Edmonton, AB
2020 *Summer* / paintings / Women Artist Born Global / Online
2019 *A Face in the Crowd* / paintings / Edmonton, AB
2019 *Metaphor and Art* / paintings / Harcourt House / Edmonton, AB
2019 *YEG Canvas* / paintings / Edmonton Arts Council / Edmonton, AB
2018 *Art From The Unknown* / paintings / Edmonton, AB
2018 *In Search of the Human* Essence / film / Harcourt House / Edmonton, AB
2018 *NextFest* / paintings / Edmonton, AB
2016–2018 *Art Mentorship Society of Alberta* / paintings / Edmonton, AB
2016 *Homesick* / photography / North Vancouver Community Arts Council / Vancouver, BC

Expressive Arts Practice

2023–present *Expressive arts workshops and programming* / Edmonton Catholic Schools, Strathcona Library, Edmonton Public Schools, University of Alberta / Edmonton, AB; Sherwood Park, AB
2023–present *Arts-based mental health and creative facilitation* / Art Can Rescue the World / Edmonton, AB
2019–present *Expressive arts facilitation for wellbeing and team development* / Edmonton, AB

Teaching, Lectures & Public Presentations

2025 *Building Vibrant Communities Through Art* / presentation / Association of Baha'i Studies Conference
2024 *Art, Healing, Trauma*/ guest lecture / Concordia University / Edmonton, AB
2023 *Where Creativity Meets Divinity* / presentation / Edmonton Baha'i Community
2022 *Divine Springtime* / artist talk / Bleeding Heart Art Space / Edmonton, AB
2021 *Q&A: Art, Life and Creativity* / presentation / Edmonton Public Library / Edmonton, AB
2021 *Junior Youth Empowerment Program* / community arts facilitation / Edmonton, AB
2019 *Alberta Baha'i Winter School* / community arts facilitation / Edmonton, AB

Volunteer, Juries & Community Arts Contributions

2025–2023 *Selection Jury* / Bleeding Heart Art Space / Edmonton, AB
2024–2022 *Art donations for auction* / Edmonton Bar Association, Mile Zero Dance, Amy's House, Multicultural Centre Art Gallery / Edmonton, AB; Stony Plain, AB
2007–present *Arts workshop facilitation* / Baha'i Community / Edmonton, AB

Media Coverage & Public Features

2024 *Syrenka Art Exhibition* / interview / AR-point99 / YouTube
2020 *A Baha'i Perspective* / podcast interview / Everand
2019 *Arts and Educating Children* / film interview / Edmonton Baha'i Community / Edmonton, AB
2019 *I Paint the Spiritual World* / feature interview / Baha'i Blog
2019 *Emerging Transformed* / interview / The Art World Expo

Memberships & Professional Affiliations

2023–present *Beyond the Frame Collective* / painter, performer, AV collaborator
2009–present *ARISE Collective* / painter, installation, collaborator
2025–present Canadian Counselling and Psychotherapy Association
2026-present ArtSea Gallery

Publications & Artist Books

2017 *Valleys of Wonder* / self-published board book / Edmonton, AB